5COSC999C: Professional Development

Tutorial 02 – Knowing Yourself

Activity:

1. Randomly form groups of 6.
2. List down your strengths, Weaknesses, Opportunities and Threats by asking yourself the questions discussed during the lecture *(Your tutor will assist you with this task)*. Your could use the table below to make notes.

**Questions to ask yourself**

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| **Strengths** | 1. What do I do well? 2. What unique resources can I draw on? 3. What do others see as my strengths? (You could ask your other group members to share their thoughts with you or recall what others may have told you.) | *Your Notes:*   1. - Basic working of React for front-end (8/10)   - Java OOP concepts. (6/10)  - Python basics. (3/10)  - Can prompt team members to communicate with each other. (8/10)  - Attention to detail whether it is code or written documents. (8/10)   1. - I can use both documentation and generative AI to teach myself to be competent in a modern framework.   - I am creative at problem-solving   1. - Others might say I am driven, hardworking and interested in learning. |
| **Weaknesses** | 1. What could I improve? 2. Where do I have fewer resources than others? 3. What are others likely to see as my weaknesses? | *Your Notes:*   1. - Improve team management.   - Improve my ability to work with certain types of teams and people.  - Improve networking skills.  - Be more aware of industry trends.   1. - Unlike many others, I have fewer projects to demonstrate my skills. Furthermore, I do not have certain certifications to prove I possess certain skills.   - I only speak one language very fluently; this makes networking and making friends a bit more challenging   1. - Others are likely to see that I am weak at networking. |
| **Opportunities** | 1. What opportunities are open to me? 2. What trends can I take advantage of? 3. How can I turn my strengths into opportunities? | *Your Notes:*   1. - Currently, there are many events that take place on campus; this is a good opportunity for me to develop my networking abilities.   - There are several workshops that introduce modern and trendy frameworks.   1. - 2. - I can further my knowledge of React by working on a few more personal projects and re-reading the documentation.   - I should learn more about Next.js |
| **Threats** | 1. What threats could harm me? 2. What is my competition doing? 3. What threats do my weaknesses expose me to? | *Your Notes:*   1. - Reduction in job availability   - Heavy competition   1. - Networking   - Learning new skills and frameworks  - Advertising themselves   1. - My lack of networking might reduce my chances of securing a job and building a career.   - My inability to work with certain groups of people may show that I am a poor team player; this is not a desirable trait in any employee, and I will fix it. |

1. Take time to openly share your strengths and weaknesses with your group and pair up with those who have common strengths as yourself. Take 10 minutes to discuss in pairs how you could use those common strengths to find opportunities.
2. Ask your tutor to share experiences of how they developed their weaknesses and used their strengths to find opportunities.